



Hello

I'm Lou, aka

EatAtDads

He / They

Recipe Developer & Content Creator
Inclusive conversations on home cooking
& culinary curiosity.
Community-focused & chatty



Twitch

2.5k Followers
4,500+ Unique Viewers
900+ Engaged Viewers
400+ Unique Chatters
45 Minute Avg View Time
Top 15 Most-Watched
Food & Drink Streamer

Notable

90-Day Avg

YouTube

30k Impressions
8,000+ Unique Viewers
10 min+ Avg view duration
1,000 hours+ Watchtime



Other

Twitch Food & Drink Club
Founding Advisor
Published Recipe
Developer
Long-Time Philadelphian

Updated September, 2025

Work With Me:

- Sponsored Streams, Dishes, Menus, and Weekly Themes
- Recipe Development - Brand Focused
- Brand Ambassador / Product Reviews
- Community Giveaways / Promotions

Contact

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Lou | EatAtDads

