



Hello

I'm Lou, aka

EatAtDads

He / They

Recipe Developer, Content Creator, Kitchen Organization Business Owner

Inclusive conversations on home cooking & culinary curiosity.

Community-focused & chatty



Notable

90-Day Avg

Twitch

2.8k Followers
6,500+ Unique Viewers
1,000+ Engaged Viewers
400+ Unique Chatters
45 Minute Avg View Time
Top 15 Most-Watched
Food & Drink Streamer

YouTube

200k Impressions
41k+ Unique Viewers
10 min+ Avg view duration
2,500 hours+ Watchtime



Other

Twitch Food & Drink Club
Founding Advisor
Published Recipe
Developer
Owns a Kitchen
Organization Business
Long-Time Philadelphian

Updated February, 2026

Work With Me:

- Sponsored Streams, Dishes, Menus, and Weekly Themes
- Recipe Development - Brand Focused
- Brand Ambassador / Product Reviews
- Community Giveaways / Promotions

Contact

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Lou | EatAtDads

