



Hello

I'm Lou, aka

EatAtDads

He / They

Recipe Developer, Content Creator, Kitchen
Organization Business Owner

Inclusive conversations on home cooking &
culinary curiosity.
Community-focused & chatty



Twitch

3k Followers
42,00+ Unique Viewers
2,700 Engaged Viewers
400+ Unique Chatters
45 Minute Avg View Time
Top 15 Most-Watched
Food & Drink Streamer

Notable

90-Day Avg

YouTube

55k Impressions
41k+ Unique Viewers
10 min+ Avg view duration
2,500 hours+ Watchtime

Updated June, 2026



Other

Twitch Food & Drink Club
Founding Advisor
Published Recipe
Developer
Operates a Kitchen
Organization Business
Long-Time Philadelphian

Work With Me:

- Sponsored Streams, Dishes, Menus, and Weekly Themes
- Recipe Development - Brand Focused
- Brand Ambassador / Product Reviews
- Community Giveaways / Promotions

Contact

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Lou | EatAtDads

